

4 + 1 Provinces Inter Provincial Gala - 30/01/10

Results

#1 Mixed 500 Meter Free Relay

RECORD: 5:12.20@ 2007 Northern Cape

L Human, J Changfoot, S Coetzee, J Du Plooy

Team	Relay	Finals Time
1 NCASA-GW	A	4:19.91@
van Niekerk, San-marie	Engelbrecht, Benrè J M9	
Carney, Melissa W10	Steyn, Devon M11	
2 NFS-NF	A	5:21.28
Meyer, Jordyn W9	Vergottini, Leo S M9	
Van Wyk, Danelle W11	MC Beth, Nathan M11	
3 N-KZN-NN	A	5:24.44
Peters, Abigail W9	DU Plessis, Johandre M9	
Combrink, Karla C W11	Smit, Christiaan M10	
4 NWS-NW	A	5:27.43
Greef, Nerene W9	Khota, Ma'az M9	
du Plessis, Caylin W11	de Freitas, Adriaen D	
5 VTS-VT	A	5:27.73
Marques, Tegan L W9	Strydom, Bastian B M9	
Kloppers, Nicola W11	Van Deventer, Daniel M	

#2 Women 9&U 100 Meter Breast

RECORD: 1:31.41@ T Oosthuizen

Name	Age	Team	Finals Time
1 Meyer, Jordyn	9	NFS-NF	1:47.40
2 Crathorne, Thea	9	N-KZN-N	1:51.18
3 Reyneke, Elizna E	9	NCASA-G	1:55.78
4 Lee, Jenna-Marie	8	NWS-NW	1:55.97
5 Henning, Mila V	9	NWS-NW	1:56.72
6 Cronje, Carla	8	NCASA-G	1:56.90
7 Bredenkamp, Anina	9	NFS-NF	2:02.15
8 Peters, Abigail	9	N-KZN-N	2:07.84

#3 Men 9&U 100 Meter Back

RECORD: 1:28.59@ 1990 L Wilken

Name	Age	Team	Finals Time
1 du Toit, Christiaan	9	NWS-NW	1:28.09@
2 vd Merwe, Chris	9	NCASA-G	1:31.23
3 Thomas, Cullen	9	NFS-NF	1:37.12
4 Engelbrecht, Benrè J	9	NCASA-G	1:37.90
5 vd Westhuizen, PW W	8	NWS-NW	1:47.63
6 Joannou, Mario D	9	NFS-NF	1:52.58
7 DU Plessis, Johandre	9	N-KZN-N	2:01.11

#4 Women 10-11 50 Meter Fly

RECORD: 33.19@ 2003 Melissa H Alberts

Name	Age	Team	Finals Time
1 Swan, Kimberley C	11	N-KZN-N	36.05
2 Carney, Melissa	10	NCASA-G	38.27
3 Combrink, Karla C	11	N-KZN-N	38.31
4 Cronje, Eliz-Maric	11	NWS-NW	38.34
5 Geel, Carlin A	11	NWS-NW	41.00
6 Maritz, Alice'	10	NCASA-G	46.12
7 Jacobs, Wilri	10	NFS-NF	47.01
8 Nortier, Carien	10	VTS-VT	48.19
9 Van Wyk, Danelle	11	NFS-NF	48.21
10 Kloppers, Nicola	11	VTS-VT	48.23

#5 Men 10-11 100 Meter Free

RECORD: 1:07.12@ 2001 Magnes J Du Toit

Name	Age	Team	Finals Time
1 Steyn, Devon	11	NCASA-G	1:10.91
2 MC Beth, Nathan	11	NFS-NF	1:11.03
3 Nel, Liardus	11	N-KZN-N	1:12.78
4 Smit, Christiaan	10	N-KZN-N	1:13.93
5 Lahoud, Matthew F	11	NCASA-G	1:15.73
6 Le Roux, Robbie F	10	NFS-NF	1:17.06
7 Claassen, Reinhardt D	11	NWS-NW	1:17.07
8 du Toit, Martin M	11	NWS-NW	1:17.83
9 Van Deventer, Daniel	10	VTS-VT	1:20.11
10 Ludick, Cee-Jay	11	VTS-VT	1:21.90

#6 Women 50 Meter Free

RECORD: 28.68@ 2006 A Stopforth

Name	Age	Team	Finals Time
1 Du Plessis, Marilie	16	VTS-VT	29.88
2 Jacobs, Crystal	18	VTS-VT	30.29
3 Fraatz, Barbara	44	NFS-NF	30.41
4 Grobler, Alida A	18	NWS-NW	30.52
5 Smart, Jansie	17	NFS-NF	30.73
6 Odendaal, Dalena M	16	NWS-NW	30.82
7 Du Toit, Maresa	15	NCASA-G	31.01
8 McAlister, Jo-Anne	16	N-KZN-N	31.19
9 Visagie, Zondre	16	N-KZN-N	31.50
10 Menezes, Liza-Mari G	16	NCASA-G	33.34

#7 Men 50 Meter Fly

RECORD: 26.11@ 2008 Heinrich G Loubser

Name	Age	Team	Finals Time
1 Scheepers, Willie J	22	NCASA-G	26.03@
2 Van Wyk, Jacques	17	N-KZN-N	27.59
3 Schanknecht, Rory J	17	NCASA-G	27.94
4 Antha, Jannes J	15	NWS-NW	28.34
5 Janse van Rensburg,	16	NFS-NF	28.42
6 Barnard, Jason D	16	NFS-NF	28.44
7 Kriel, De Jongh	17	NWS-NW	29.14
8 Van Rooyen, Marco	17	VTS-VT	29.39
9 Surmon, Juan	20	N-KZN-N	29.69
10 Braun, Peter E	17	VTS-VT	33.41

#8 Women 12-13 100 Meter Breast

RECORD: 1:17.69@ 2005 Melissa H Alberts

Name	Age	Team	Finals Time
1 Reimers, Ashley	12	N-KZN-N	1:28.59
2 Gossayn, Stacy C	13	NWS-NW	1:31.19
3 Human, Leatitia	12	NCASA-G	1:31.64
4 Blijnaut, Janine	13	NFS-NF	1:32.14
5 Masters, Danielle A	13	NWS-NW	1:35.40
6 Reyneke, Marilie E	12	NCASA-G	1:37.97
7 Oosthuizen, Charne	13	NFS-NF	1:38.96
8 Martemucci, Danielle	12	VTS-VT	1:51.91
9 Kotze, Thea-Marie	13	VTS-VT	1:56.09
--- Booyens, Biejanka D	13	N-KZN-N	NS
--- Cloete, Jodene	13	NCASA-G	SCR

#9 Men 12-13 100 Meter Back

RECORD: 1:05.01@ 2009 Hardus Louw

Name	Age	Team	Finals Time
1 Gray, Bryan G	13	NWS-NW	1:12.45
2 Changfoot, Jakon L	12	NCASA-G	1:18.17
3 Daly, Matt S	12	NFS-NF	1:18.84
4 Peters, JJ	12	N-KZN-N	1:19.28
5 Abbas, Aazad	13	NWS-NW	1:19.39
6 McLaren, Trevor S	13	NFS-NF	1:21.53
7 Liebenberg, Wayne W	13	NCASA-G	1:22.75
8 Van Rooyen, Erich	12	VTS-VT	1:24.01
9 Du Toit, Tjaart T	12	VTS-VT	1:26.49
10 Robberts, Michael	12	N-KZN-N	1:28.60

#10 Women 14-15 100 Meter Fly

RECORD: 1:05.49@ 2006 Christy L Lategan

Name	Age	Team	Finals Time
1 Vorster, Michelle	15	N-KZN-N	1:14.27
2 Loubser, Cornell	15	NFS-NF	1:15.70
3 Swanepoel,	15	NWS-NW	1:19.01
4 vd Merwe, Karli	14	NWS-NW	1:19.58
5 Toye, Megan	14	VTS-VT	1:20.60
6 Coetzee, Sasha	14	NCASA-G	1:22.23
7 Le Roux, Azelle	14	NCASA-G	1:22.38
8 Robberts, Michelle	15	N-KZN-N	1:24.12
9 Watt, Maretha	15	NFS-NF	1:26.62

#11 Men 14-15 100 Meter Free

RECORD: 54.70@ 2006 Gerard S Naus

Name	Age	Team	Finals Time
1 Silent, Josh R	15	NWS-NW	57.83
2 Topkin, Darian	15	NCASA-G	59.90
3 Kock, Wiehann	15	N-KZN-N	1:00.36
4 dos Santos, Sergio P	15	NWS-NW	1:00.77
5 vd Merwe, JC C	15	NCASA-G	1:02.49
6 Duminy, Francois R	15	VTS-VT	1:03.02
7 Van Der Hoogen, JJ	14	N-KZN-N	1:03.16
8 Erasmus, Johan J	14	NFS-NF	1:03.48
9 Kroukamp, Tian W	14	NFS-NF	1:05.33
10 Pienaar, Jacques	14	VTS-VT	1:07.08

#12 Women 200 Meter Fly

RECORD: 2:24.85@

Name	Age	Team	Finals Time
1 Loubser, Cornell	15	NFS-NF	3:06.39
2 Le Roux, Azelle	14	NCASA-G	3:09.05
3 Robberts, Michelle	15	N-KZN-N	3:18.89

#13 Men 200 Meter Free

RECORD: 1:58.57@ 2006 Jasper A Venter

Name	Age	Team	Finals Time
1 Scheepers, Willie J	22	NCASA-G	2:05.77
2 Schanknecht, Rory J	17	NCASA-G	2:10.54
3 Jones, St John M	17	N-KZN-N	2:11.03
4 Von Wielligh, Reino J	16	N-KZN-N	2:11.53
5 Bennett, Brandon A	15	NWS-NW	2:14.23
6 Brand, Bertus J	16	NWS-NW	2:14.53
7 Burger, Braam A	17	NFS-NF	2:22.22

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#13 Men 200 Meter Free

8	Kleynhans, Danton	17	NFS-NF	2:24.23
9	Van Rooyen, Marco	17	VTS-VT	2:25.50
10	Braun, Peter E	17	VTS-VT	2:28.87

#14 Women 9&U 100 Meter Back

RECORD: 1:24.21@ 1988 T Oosthuizen

Name	Age	Team	Finals Time
1	Marques, Tegan L	9 VTS-VT	1:40.10
2	vd Walt, Tharien	9 NCASA-G	1:44.56
3	Duarte, Alexia	8 NWS-NW	1:46.19
4	Henning, Mila V	9 NWS-NW	1:46.51
5	Meyer, Jordyn	9 NFS-NF	1:49.36
6	Peters, Abigail	9 N-KZN-N	1:52.14
7	Reyneke, Elizna E	9 NCASA-G	1:56.64
8	Waddell, Amber	9 NFS-NF	1:58.48

#15 Men 9&U 100 Meter Breast

RECORD: 1:36.56@ 1984 A Keating

Name	Age	Team	Finals Time
1	vd Merwe, Chris	9 NCASA-G	1:44.72
2	Van Niekerk, Albert N	9 NCASA-G	1:45.20
3	Thomas, Cullen	9 NFS-NF	1:50.89
4	vd Westhuizen, PW W	8 NWS-NW	1:50.93
5	DU Plessis, Johandre	9 N-KZN-N	1:59.83
6	McGillewie, Adrian R	8 NWS-NW	2:03.86
7	Joannou, Mario D	9 NFS-NF	2:06.12
---	Minnie, Rocco R	9 N-KZN-N	DQ

#16 Women 10-11 100 Meter Free

RECORD: 1:06.78@ 1996 A GREENAN

Name	Age	Team	Finals Time
1	du Plessis, Caylin	11 NWS-NW	1:12.55
2	Venter, Peta L	10 NWS-NW	1:13.98
3	Steenkamp, Suezette	11 NCASA-G	1:14.51
4	Carney, Melissa	10 NCASA-G	1:14.79
5	Combrink, Karla C	11 N-KZN-N	1:18.25
6	Liebenberg, Caitlin	11 N-KZN-N	1:19.12
7	Van Wyk, Danelle	11 NFS-NF	1:21.63
8	Kloppers, Nicola	11 VTS-VT	1:26.11
9	Pistorius, Ronel J	11 VTS-VT	1:28.05
10	Meyer, Jessica	11 NFS-NF	1:30.73

#17 Men 10-11 50 Meter Fly

RECORD: 32.89@ 1992 L WILKEN

Name	Age	Team	Finals Time
1	MC Beth, Nathan	11 NFS-NF	34.33
2	Waddell, Zane	11 NFS-NF	34.88
3	Nel, Liardus	11 N-KZN-N	36.51
4	Smit, Christiaan	10 N-KZN-N	36.57
5	Steyn, Devon	11 NCASA-G	37.20
6	Challens, Lemuel B	11 NWS-NW	37.42
7	Lahoud, Matthew F	11 NCASA-G	38.55
8	Claassen, Reinhardt D	11 NWS-NW	39.31
9	Van Deventer, Daniel	10 VTS-VT	44.74
10	Ludick, Cee-Jay	11 VTS-VT	47.50

#18 Women 50 Meter Back

RECORD: 32.87@ 2005 Marjeanne M

Name	Age	Team	Finals Time
1	Jv Rensburg, Hilet	17 NWS-NW	32.93
2	Odendaal, Dalena M	16 NWS-NW	34.99
3	Jacobs, Crystal	18 VTS-VT	35.20
4	Coetzee, Sasha	14 NCASA-G	35.35
5	Pretorius, Anneke	14 NCASA-G	36.15
6	Du Plessis, Marilie	16 VTS-VT	36.77
7	Niemandt, Stephanie C	16 N-KZN-N	37.12
8	Fraatz, Barbara	44 NFS-NF	37.52
9	Brandt, Salette	16 N-KZN-N	39.20
10	Smart, Sally-Anne	16 NFS-NF	39.71

#19 Men 50 Meter Free

RECORD: 24.11@ 2008 Heinrich G Loubser

Name	Age	Team	Finals Time
1	Van Wyk, Jacques	17 N-KZN-N	25.80
2	Schanknecht, Rory J	17 NCASA-G	25.85
3	Barnard, Jason D	16 NFS-NF	25.95
4	Maritz, Henk H	17 NCASA-G	26.07
5	Silent, Josh R	15 NWS-NW	26.85
6	Van Rooyen, Marco	17 VTS-VT	26.90
7	Antha, Jannes J	15 NWS-NW	26.95
8	Kleynhans, Danton	17 NFS-NF	27.28
9	Jones, St John M	17 N-KZN-N	27.76
10	Braun, Peter E	17 VTS-VT	29.10

#20 Women 12-13 100 Meter Back

RECORD: 1:11.65@ 2005 Melissa H Alberts

Name	Age	Team	Finals Time
1	Gillmer, Armunay R	13 N-KZN-N	1:19.32
2	Human, Leatitia	12 NCASA-G	1:19.36
3	Henning, Danielle E	13 NWS-NW	1:22.09
4	Blijnaut, Janine	13 NFS-NF	1:22.69
5	Oosthuizen, Charne	13 NFS-NF	1:22.89
6	van Zyl, Esre	12 NWS-NW	1:24.23
7	Janse van Rensburg,	13 N-KZN-N	1:25.15
8	Cloete, Keziah	13 NCASA-G	1:26.33
9	Compton, Marjeanne	13 VTS-VT	1:33.45
10	Kotze, Thea-Marie	13 VTS-VT	1:34.30

#21 Men 12-13 100 Meter Breast

RECORD: 1:16.77@ 2003 Magnes J Du Toit

Name	Age	Team	Finals Time
1	Corns, Kegan L	13 NFS-NF	1:22.25
2	Daly, Matt S	12 NFS-NF	1:22.55
3	Peters, JJ	12 N-KZN-N	1:23.57
4	Steyn, Marcel	13 NWS-NW	1:23.93
5	Tolmay, Keagan	13 NCASA-G	1:26.54
6	Green, Shaun G	13 NCASA-G	1:26.93
7	Jardim, Sergio R	13 NWS-NW	1:27.23
8	Pretorius, Darius	13 VTS-VT	1:28.55
9	Wood, Richard J	13 N-KZN-N	1:32.88
10	Du Toit, Tjaart T	12 VTS-VT	1:36.39

#22 Women 14-15 100 Meter Free

RECORD: 1:00.01@ 2006 Christy L Lategan

Name	Age	Team	Finals Time
1	Fraser, Amy	14 N-KZN-N	1:06.83
2	Toye, Megan	14 VTS-VT	1:07.59
3	Coetzee, Sasha	14 NCASA-G	1:09.25
4	Vorster, Michelle	15 N-KZN-N	1:09.49
5	Swanepoel,	15 NWS-NW	1:09.81
6	Lourens, Annerie	15 NFS-NF	1:10.80
7	Du Toit, Maresa	15 NCASA-G	1:12.27
8	Vd Westhuizen, Lisa	15 VTS-VT	1:12.53
9	Van Wyk, Donne	15 NFS-NF	1:12.77
10	Mathews, Lana	14 NWS-NW	1:14.11
---	Loubser, Cornell	15 NFS-NF	SCR

#23 Men 14-15 100 Meter Back

RECORD: 1:03.52@ 2006 C Keating

Name	Age	Team	Finals Time
1	Antha, Jannes J	15 NWS-NW	1:08.05
2	Kock, Wiehann	15 N-KZN-N	1:11.08
3	Oelofse, Stephan C	14 NFS-NF	1:13.07
4	vd Merwe, JC C	15 NCASA-G	1:13.32
5	Gillmer, Quirinus R	15 N-KZN-N	1:13.36
6	Duminy, Francois R	15 VTS-VT	1:14.16
7	Wessels, Gert I	14 NCASA-G	1:16.35
8	Ramsay, Ty	14 NFS-NF	1:21.23
---	Kotze, Stean J	15 VTS-VT	DQ

#24 Women 200 Meter Free

RECORD: 2:12.42@ L V VUUREN

Name	Age	Team	Finals Time
1	Du Plessis, Marilie	16 VTS-VT	2:18.07
2	Grobler, Alida A	18 NWS-NW	2:24.89
3	Lourens, Anneke	15 NFS-NF	2:32.86
4	Niemandt, Stephanie C	16 N-KZN-N	2:35.12
5	Klinck, Melene	14 NCASA-G	2:36.64
6	Payne, Phia-Marie T	14 NCASA-G	2:37.09
7	Botes, Sumandri	16 NFS-NF	2:40.56
8	Irwin, Lauren	18 VTS-VT	2:45.37
9	Mathews, Lana	14 NWS-NW	2:51.99
10	Surmon, Carissa	17 N-KZN-N	3:04.38
---	Horwood, Carma	15 NWS-NW	SCR

#25 Men 200 Meter Back

RECORD: 2:13.93@ 2006 Willie J Scheepers

Name	Age	Team	Finals Time
1	Scheepers, Willie J	22 NCASA-G	2:15.09
2	Mathews, Henry H	16 NWS-NW	2:17.37
3	Coetzee, Wayne	17 NCASA-G	2:21.31
4	Bennett, Brandon A	15 NWS-NW	2:29.63
5	Von Wielligh, Reino J	16 N-KZN-N	2:30.82
6	Van Rooyen, Marco	17 VTS-VT	2:41.00
7	Barnard, Jason D	16 NFS-NF	2:50.83
8	Jones, St John M	17 N-KZN-N	2:56.73

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Results

#26 Women 9&U 50 Meter Fly

RECORD: 36.78@ 1988 T Oosthuizen

Name	Age	Team	Finals Time
1 vd Walt, Tharien	9	NCASA-G	47.62
2 Marques, Tegan L	9	VTS-VT	47.86
3 Greef, Nerene	9	NWS-NW	48.53
4 Duarte, Alexia	8	NWS-NW	48.64
5 Brand, Carina	9	NCASA-G	49.63
6 Venter, Xia	9	NFS-NF	49.97
7 Straw, Samantha	8	VTS-VT	53.87
8 Varyawa, Hannah F	9	N-KZN-N	1:02.86
9 Peters, Abigail	9	N-KZN-N	1:05.68

#27 Men 9&U 100 Meter Free

RECORD: 1:14.58@ 1984 W Withfield

Name	Age	Team	Finals Time
1 Vergottini, Leo S	9	NFS-NF	1:19.76
2 vd Merwe, Chris	9	NCASA-G	1:20.06
3 Engelbrecht, Benrè J	9	NCASA-G	1:21.54
4 du Toit, Christiaan	9	NWS-NW	1:24.41
5 Khot, Ma'az	9	NWS-NW	1:33.30
6 Thomas, Cullen	9	NFS-NF	1:33.54
7 Jordaan, Etienne	8	VTS-VT	1:36.54
8 DU Plessis, Johandre	9	N-KZN-N	1:41.62
9 Strydom, Bastian B	9	VTS-VT	1:42.19
--- Weyers, Francois F	9	N-KZN-N	NS

#28 Women 10-11 100 Meter Back

RECORD: 1:14.84@ 1990 T OOSTHUIZEN

Name	Age	Team	Finals Time
1 Cronje, Eliz-Maric	11	NWS-NW	1:24.96
2 Combrink, Karla C	11	N-KZN-N	1:28.13
3 Carney, Melissa	10	NCASA-G	1:30.34
4 Steenkamp, Suezette	11	NCASA-G	1:30.90
5 Swan, Kimberley C	11	N-KZN-N	1:31.79
6 Van Wyk, Danelle	11	NFS-NF	1:34.89
7 Nortier, Carien	10	VTS-VT	1:38.69
8 Meyer, Jessica	11	NFS-NF	1:42.61
9 Geel, Carlin A	11	NWS-NW	1:42.83
10 Pistorius, Ronel J	11	VTS-VT	1:43.00

#29 Men 10-11 100 Meter Breast

RECORD: 1:25.70@ 1995 C VENTER

Name	Age	Team	Finals Time
1 Schmidt, Zandre	11	NFS-NF	1:36.43
2 Steyn, Devon	11	NCASA-G	1:37.79
3 de Freitas, Adriaen D	11	NWS-NW	1:38.68
4 Challens, Lemuel B	11	NWS-NW	1:41.82
5 Ludick, Cee-Jay	11	VTS-VT	1:42.47
6 Le Roux, Robbie F	10	NFS-NF	1:43.09
7 Le Roux, Andre	10	VTS-VT	1:43.47
8 Dedekind, Mark H	11	N-KZN-N	1:43.57
9 Lahoud, Matthew F	11	NCASA-G	1:43.70
10 Smit, Christiaan	10	N-KZN-N	1:43.75

#30 Women 50 Meter Breast

RECORD: 35.59@ 2006 A Stopforth

Name	Age	Team	Finals Time
1 Smart, Jansie	17	NFS-NF	35.71
2 vd Merwe, Karli	14	NWS-NW	38.53
3 Bam, Sybil	14	NCASA-G	39.21
4 Lee, Caitlyn Y	16	NWS-NW	39.41
5 Klinck, Melene	14	NCASA-G	39.45
6 McAlister, Jo-Anne	16	N-KZN-N	40.95
7 Jacobs, Crystal	18	VTS-VT	41.23
8 Du Plessis, Marilie	16	VTS-VT	41.48
9 Snyman, Marelize	15	NFS-NF	41.60
10 Niemandt, Stephanie C	16	N-KZN-N	41.63

#31 Men 50 Meter Back

RECORD: 27.70@ 2006 W Scheepers

Name	Age	Team	Finals Time
1 Scheepers, Willie J	22	NCASA-G	28.20
2 Coetzee, Wayne	17	NCASA-G	29.70
3 Van Wyk, Jacques	17	N-KZN-N	29.82
4 Matheus, Henry H	16	NWS-NW	30.27
5 Barnard, Jason D	16	NFS-NF	30.46
6 Janse van Rensburg,	16	NFS-NF	32.30
7 Van Rooyen, Marco	17	VTS-VT	32.49
8 Von Wielligh, Reino J	16	N-KZN-N	32.79
9 Brand, Bertus J	16	NWS-NW	33.31
10 Braun, Peter E	17	VTS-VT	34.83

#32 Women 12-13 100 Meter Fly

RECORD: 1:06.49@ 2005 Melissa H Alberts

Name	Age	Team	Finals Time
1 van Zyl, Esre	12	NWS-NW	1:20.48
2 Blynaut, Chantel	13	NFS-NF	1:22.43
3 Human, Leatitia	12	NCASA-G	1:28.42
4 Compton, Marjeanne	13	VTS-VT	1:28.64
5 Reyneke, Marilie E	12	NCASA-G	1:34.14
6 Muller, Cassidy C	12	N-KZN-N	1:34.72
7 Booysen, Biejanka D	13	N-KZN-N	1:36.17
8 Kotze, Thea-Marie	13	VTS-VT	1:40.27
--- Bennett, Danielle	12	NWS-NW	NS

#33 Men 12-13 100 Meter Free

RECORD: 58.49@ 2003 Magnes J Du Toit

Name	Age	Team	Finals Time
1 Corns, Kegan L	13	NFS-NF	1:02.32
2 Peters, JJ	12	N-KZN-N	1:04.65
3 Rodrigues, Timmy A	13	NFS-NF	1:04.94
4 Wood, Richard J	13	N-KZN-N	1:07.56
5 Tolmay, Keagan	13	NCASA-G	1:08.69
6 Welgemoed, Jared D	13	VTS-VT	1:09.05
7 Abbas, Aazad	13	NWS-NW	1:09.55
8 Du Toit, Tjaart T	12	VTS-VT	1:09.92
9 Green, Shaun G	13	NCASA-G	1:10.03
--- Silent, Keanu D	13	NWS-NW	DQ

#34 Women 14-15 100 Meter Back

RECORD: 1:09.65@ 2006 Melissa H Alberts

Name	Age	Team	Finals Time
1 Coetzee, Sasha	14	NCASA-G	1:16.47
2 Vorster, Michelle	15	N-KZN-N	1:17.09
3 vd Merwe, Karli	14	NWS-NW	1:17.33
4 Toye, Megan	14	VTS-VT	1:20.85
5 Nel, Amone	15	N-KZN-N	1:21.68
6 Pretorius, Anneke	14	NCASA-G	1:22.40
7 Swanepoel,	15	NWS-NW	1:23.07
8 Van Wyk, Donne	15	NFS-NF	1:23.49
9 Loubser, Cornell	15	NFS-NF	1:24.52
10 Vd Westhuizen, Lisa	15	VTS-VT	1:35.13

#35 Men 14-15 100 Meter Breast

RECORD: 1:11.02@ 2001 Stef S Potgieter

Name	Age	Team	Finals Time
1 dos Santos, Sergio P	15	NWS-NW	1:15.34
2 Erasmus, Johan J	14	NFS-NF	1:15.80
3 Silent, Josh R	15	NWS-NW	1:15.83
4 Pienaar, Jacques	14	VTS-VT	1:21.92
5 Oelofse, Stephan C	14	NFS-NF	1:22.73
6 Nel, Andre	14	NCASA-G	1:25.29
7 Gillmer, Quirinus R	15	N-KZN-N	1:28.85
8 vd Merwe, JC C	15	NCASA-G	1:29.04
9 Kotze, Stean J	15	VTS-VT	1:35.07
--- Kock, Wiehann	15	N-KZN-N	NS

#36 Women 200 Meter Back

RECORD: 2:32.20@ 2001 Veronica L Diering

Name	Age	Team	Finals Time
1 Jv Rensburg, Hilet	17	NWS-NW	2:34.30
2 Odendaal, Dalena M	16	NWS-NW	2:46.98
3 Payne, Phia-Marie T	14	NCASA-G	2:53.47
4 Niemandt, Stephanie C	16	N-KZN-N	2:59.08
5 Lourens, Anneke	15	NFS-NF	3:00.83
6 Smart, Sally-Anne	16	NFS-NF	3:01.70

#37 Men 200 Meter Breast

RECORD: 2:28.32@ 2004 William G Diering

Name	Age	Team	Finals Time
1 Scheepers, Willie J	22	NCASA-G	2:43.27
2 Jones, St John M	17	N-KZN-N	2:48.32
3 Kriel, De Jongh	17	NWS-NW	2:51.48
4 Silent, Elwyn S	20	NWS-NW	2:54.75
5 Bode, Jaco R	17	NCASA-G	2:55.69
6 Von Wielligh, Reino J	16	N-KZN-N	2:59.17
7 Burger, Braam A	17	NFS-NF	3:03.80
8 Du Plessis, Gerrit C	43	VTS-VT	3:06.08

#38 Women 9&U 100 Meter Free

RECORD: 1:14.06@ 1988 T Oosthuizen

Name	Age	Team	Finals Time
1 Marques, Tegan L	9	VTS-VT	1:27.36
2 van Niekerk, San-marie	9	NCASA-G	1:31.76
3 vd Walt, Tharien	9	NCASA-G	1:34.51
4 Peters, Abigail	9	N-KZN-N	1:35.76
5 Meyer, Jordyn	9	NFS-NF	1:38.29

4 + 1 Provinces Inter Provincial Gala - 30/01/10**Results****#38 Women 9&U 100 Meter Free)**

6	Duarte, Alexia	8	NWS-NW	1:42.90
7	Jensch, Schume	8	VTS-VT	1:44.29
8	Varyawa, Hannah F	9	N-KZN-N	1:45.37
9	Greef, Nerene	9	NWS-NW	1:46.45
10	Waddell, Amber	9	NFS-NF	1:46.69

#39 Men 9&U 50 Meter Fly**RECORD: 36.27@ 1990 L Wilken**

Name	Age	Team	Finals Time
1	Engelbrecht, Benrè J	9 NCASA-G	42.15
2	Bothma, Aldin D	8 NWS-NW	45.17
3	Joannou, Mario D	9 NFS-NF	47.63
4	Visser, Walter	9 N-KZN-N	48.30
5	Wolstenholme, Ruan	8 NCASA-G	50.37
6	Khota, Ma'az	9 NWS-NW	51.42
7	Strydom, Bastian B	9 VTS-VT	52.88
8	Jordaan, Etienne	8 VTS-VT	55.30
9	Dannhauser, Daniel	9 N-KZN-N	57.45
10	Thomas, Cullen	9 NFS-NF	57.59

#40 Women 10-11 100 Meter Breast**RECORD: 1:19.09@ 1990 T OOSTHUIZEN**

Name	Age	Team	Finals Time
1	Carney, Melissa	10 NCASA-G	1:34.41
2	du Plessis, Caylin	11 NWS-NW	1:34.87
3	Corbett, Kaylene	10 NCASA-G	1:38.97
4	Van Wyk, Danelle	11 NFS-NF	1:41.50
5	Van Rooyen, Imke	11 N-KZN-N	1:41.66
6	Venter, Peta L	10 NWS-NW	1:42.61
7	Liebenberg, Caitlin	11 N-KZN-N	1:48.56
8	Kloppers, Nicola	11 VTS-VT	1:50.72
9	Meyer, Jessica	11 NFS-NF	1:53.90
10	Straw, Jenna	10 VTS-VT	2:00.43

#41 Men 10-11 100 Meter Back**RECORD: 1:17.03@ 2001 Rosseau W Kluever**

Name	Age	Team	Finals Time
1	Nel, Liardus	11 N-KZN-N	1:19.35
2	du Toit, Martin M	11 NWS-NW	1:22.01
3	Waddell, Zane	11 NFS-NF	1:23.08
4	MC Beth, Nathan	11 NFS-NF	1:23.73
5	Smit, Christiaan	10 N-KZN-N	1:24.39
6	de Freitas, Adriaen D	11 NWS-NW	1:27.83
7	Steyn, Devon	11 NCASA-G	1:30.89
8	Van Deventer, Daniel	10 VTS-VT	1:32.92
9	Lahoud, Matthew F	11 NCASA-G	1:34.33
10	Ludick, Cee-Jay	11 VTS-VT	1:46.45

#42 Women 50 Meter Fly**RECORD: 30.40@ 2009 Milize Symington**

Name	Age	Team	Finals Time
1	Loubser, Cornell	15 NFS-NF	33.40
2	Fraatz, Barbara	44 NFS-NF	33.84
3	Pretorius, Anneke	14 NCASA-G	34.08
4	Grobler, Alida A	18 NWS-NW	35.03
5	Du Plessis, Marilie	16 VTS-VT	35.07
6	Surmon, Carissa	17 N-KZN-N	36.20

7	Niemandt, Stephanie C	16	N-KZN-N	36.54
8	Menezes, Liza-Mari G	16	NCASA-G	36.71
9	Irwin, Lauren	18	VTS-VT	36.97
---	Jv Rensburg, Hilet	17	NWS-NW	DQ
	False start			
---	Smart, Jansie	17	NFS-NF	SCR

#43 Men 50 Meter Breast**RECORD: 30.87@ 2006 M Visser**

Name	Age	Team	Finals Time
1	Maritz, Henk H	17 NCASA-G	33.16
2	Erasmus, Johan J	14 NFS-NF	33.50
3	Bode, Jaco R	17 NCASA-G	33.57
4	Kriel, De Jongh	17 NWS-NW	33.95
5	Burger, Braam A	17 NFS-NF	34.09
6	Silent, Elwyn S	20 NWS-NW	34.70
7	Jones, St John M	17 N-KZN-N	35.01
8	Von Wielligh, Reino J	16 N-KZN-N	36.44
9	Van Rooyen, Marco	17 VTS-VT	40.56
10	Braun, Peter E	17 VTS-VT	41.47

#44 Women 12-13 100 Meter Free**RECORD: 1:03.12@ 1986 K MATTHEWS**

Name	Age	Team	Finals Time
1	Human, Leatitia	12 NCASA-G	1:09.08
2	Blignaut, Janine	13 NFS-NF	1:09.76
3	Reimers, Ashley	12 N-KZN-N	1:10.13
4	Fourie, Alicia	12 N-KZN-N	1:11.21
5	Oosthuizen, Charne	13 NFS-NF	1:11.95
6	Kotze, Thea-Marie	13 VTS-VT	1:12.02
7	Gossayn, Stacy C	13 NWS-NW	1:12.16
8	Cloete, Keziah	13 NCASA-G	1:12.19
9	Masters, Danielle A	13 NWS-NW	1:15.17

#45 Men 12-13 100 Meter Fly**RECORD: 1:05.45@ 2009 Hardus Louw**

Name	Age	Team	Finals Time
1	Gray, Bryan G	13 NWS-NW	1:08.57
2	Corns, Kegan L	13 NFS-NF	1:17.56
3	Welgemoed, Jared D	13 VTS-VT	1:21.74
4	Van Rooyen, Erich	12 VTS-VT	1:22.63
5	Silent, Keanu D	13 NWS-NW	1:24.29
6	Daly, Matt S	12 NFS-NF	1:25.01
7	Changfoot, Jakon L	12 NCASA-G	1:29.25
8	Wood, Richard J	13 N-KZN-N	1:33.19
9	Liebenberg, Wayne W	13 NCASA-G	1:35.03

#46 Women 14-15 100 Meter Breast**RECORD: 1:15.81@ V SWARTZ**

Name	Age	Team	Finals Time
1	vd Merwe, Karli	14 NWS-NW	1:21.59
2	Klinck, Melene	14 NCASA-G	1:25.05
3	Bam, Sybil	14 NCASA-G	1:27.99
4	Toye, Megan	14 VTS-VT	1:29.07
5	Snyman, Marelize	15 NFS-NF	1:32.61
6	Rothman, Carien	15 NWS-NW	1:34.40
7	MC Beth, Chane	14 NFS-NF	1:34.77
8	Holm, Kayla	15 N-KZN-N	1:34.84
9	Vorster, Michelle	15 N-KZN-N	1:36.53

#47 Men 14-15 100 Meter Fly**RECORD: 1:01.15@ 2006 Gerard S Naus**

Name	Age	Team	Finals Time
1	Anthas, Jannes J	15 NWS-NW	1:02.99
2	Silent, Josh R	15 NWS-NW	1:07.96
3	Kroukamp, Tian W	14 NFS-NF	1:17.19
4	Schuler, Tiaan	14 N-KZN-N	1:18.29
5	Pienaar, Jacques	14 VTS-VT	1:19.49
6	Kotze, Stean J	15 VTS-VT	1:19.54
7	Erasmus, Johan J	14 NFS-NF	1:23.38
8	Marx, JP	14 N-KZN-N	1:31.78
---	vd Merwe, JC C	15 NCASA-G	NS

#48 Women 200 Meter Breast**RECORD: 2:47.48@ 2006 Cobie J Beytell**

Name	Age	Team	Finals Time
1	vd Merwe, Karli	14 NWS-NW	2:51.62
2	Klinck, Melene	14 NCASA-G	3:00.21
3	Smart, Jansie	17 NFS-NF	3:01.25
4	Odendaal, Dalena M	16 NWS-NW	3:18.09
5	Bam, Sybil	14 NCASA-G	3:18.35
6	Snyman, Marelize	15 NFS-NF	3:26.71
7	McAlister, Jo-Anne	16 N-KZN-N	3:31.22
---	Niemandt, Stephanie C	16 N-KZN-N	NS

#49 Men 200 Meter Fly**RECORD: 2:10.93@ 2003 Peter Hos**

Name	Age	Team	Finals Time
1	Coetzee, Wayne	17 NCASA-G	2:28.91
2	Schanknecht, Rory J	17 NCASA-G	2:30.68
3	Brand, Bertus J	16 NWS-NW	2:31.12
4	Gray, Bryan G	13 NWS-NW	2:32.10
---	Von Wielligh, Reino J	16 N-KZN-N	NS

#50 Women 9&U 200 Meter Medley Relay**RECORD: 3:06.20@ 2008 North West**

Team	Relay	Finals Time
1	NCASA-GW van Niekerk, San-marie Brand, Carina 9	A Cronje, Carla 8 vd Walt, Tharien 9 3:13.27
2	NFS-NF Coertzen, Amelia 9 Venter, Xia 9	A Meyer, Jordyn 9 Waddell, Amber 9 3:14.28
3	NWS-NW Duarte, Alexia 8 Greef, Nerene 9	A Henning, Mila V 9 Lee, Jenna-Marie 8 3:18.49
4	VTS-VT Welgemoed, Keren L 9 Marques, Tegan L 9	A Straw, Samantha 8 Jensch, Schume 8 3:43.34

#51 Men 9&U 200 Meter Medley Relay**RECORD: 2:57.34@ 2008 Northern Cape**

Team	Relay	Finals Time
1	NCASA-GW vd Merwe, Chris 9 Wolstenholme, Ruan 8	A Van Niekerk, Albert N 9 Engelbrecht, Benrè J 9 2:59.59

4 + 1 Provinces Inter Provincial Gala - 30/01/10

Results

#51 Men 9&U 200 Meter Medley Relay

2	NFS-NF	A	3:01.76
	Thomas, Cullen 9	Ferreira, Ferdinand P 9	
	Joannou, Mario D 9	Vergottini, Leo S 9	
3	VTS-VT	A	3:36.34
	Roodt, Lou J 8	Nortier, Johann 7	
	Strydom, Bastian B 9	Jordaan, Etienne 8	
---	NWS-NW	A	NS
	du Toit, Christiaan 9	vd Westhuizen, PW W 8	
	Bothma, Aldin D 8	Khota, Ma'az 9	
---	N-KZN-NN	A	NS
	Dannhauser, Daniel 9	Weyers, Francois F 9	
	Minnie, Rocco R 9	Visser, Walter 9	

#52 Women 11&U 200 Meter Medley Relay

RECORD: 2:34.80@ 2008 Northern Free State

M Loubser, C SAAIMAN, C SAAIMAN, S VD MERWE

Team	Relay	Finals Time
1	NWS-NW	A 2:39.84
	Cronje, Eliz-Maric 11	du Plessis, Caylin 11
	Geel, Carlin A 11	Venter, Peta L 10
2	N-KZN-NN	A 2:41.31
	Combrink, Karla C 11	Liebenberg, Caitlin 11
	Nkosi, Mini N 10	Swan, Kimberley C 11
3	NCASA-GW	A 2:45.69
	Steenkamp, Suezette 11	Corbett, Kaylene 10
	Carney, Melissa 10	Maritz, Alice' 10
4	NFS-NF	A 3:05.43
	Van Wyk, Danelle 11	Meyer, Jessica 11
	Jacobs, Wilri 10	Ferreira, Marieta 10
5	VTS-VT	A 3:13.02
	Pistorius, Ronel J 11	Straw, Jenna 10
	Nortier, Carien 10	Kloppers, Nicola 11

#53 Men 11&U 200 Meter Medley Relay

RECORD: 2:35.74@ 2007 Vaal Triangle

S DE CAMPOS, B Hattingh, I Lesenyehyo, R MULLER

Team	Relay	Finals Time
1	NFS-NF	A 2:30.87@
	Waddell, Zane 11	Schmidt, Zandre 11
	MC Beth, Nathan 11	Le Roux, Robbie F 10
2	NWS-NW	A 2:33.84@
	du Toit, Martin M 11	de Freitas, Adriaen D 11
	Challens, Lemuel B 11	Claassen, Reinhardt D 11
3	NCASA-GW	A 2:44.65
	vd Merwe, Chris 9	Steyn, Devon 11
	Lahoud, Matthew F 11	Engelbrecht, Benrè J 9
4	N-KZN-NN	A 2:48.12
	Nel, Liardus 11	Smit, Christiaan 10
	DU Plessis, Johandre 9	Dedekind, Mark H 11
5	VTS-VT	A 3:01.47
	Ludick, Cee-Jay 11	Le Roux, Andre 10
	Van Deventer, Daniel M	Strydom, Bastian B 9

#54 Women 13&U 200 Meter Medley Relay

RECORD: 2:24.83@ 2009 Northern Cape

S Coetzee, S Bam, D Van Niekerk, W Derks

Team	Relay	Finals Time
1	N-KZN-NN	A 2:27.12
	Muller, Cassidy C 12	Gillmer, Armunay R 13
	Fourie, Alicia 12	Reimers, Ashley 12
2	NWS-NW	A 2:28.17
	Henning, Danielle E 13	Masters, Danielle A 13
	van Zyl, Esre 12	Gossayn, Stacy C 13
3	NFS-NF	A 2:33.16
	Blignaut, Janine 13	Jordaan, Jeanneli 12
	Blignaut, Chantel 13	Oosthuizen, Charne 13
4	NCASA-GW	A 2:34.76
	HUMAN, Leatitia 12	Carney, Melissa 10
	Reyneke, Marilie E 12	Cloete, Keziah 13
5	VTS-VT	A 2:53.77
	Martemucci, Danielle N	Straw, Jenna 10
	Compton, Marjeanne 13	Kotze, Thea-Marie 13

#55 Men 13&U 200 Meter Medley Relay

RECORD: 2:10.88@ 2008 North West

H Louw, S dos Santos, A Antha, J Fourie

Team	Relay	Finals Time
1	NWS-NW	A 2:16.03
	Abbas, Aazad 13	Jardim, Sergio R 13
	Gray, Bryan G 13	Silent, Keanu D 13
2	NFS-NF	A 2:16.05
	Mclaren, Trevor S 13	Rodrigues, Timmy A 13
	Daly, Matt S 12	Corns, Kegan L 13
3	NCASA-GW	A 2:19.96
	Changfoot, Jakon L 12	Tolmay, Keagan 13
	Liebenberg, Wayne W 13	Green, Shaun G 13
4	VTS-VT	A 2:26.80
	Van Rooyen, Erich 12	Pretorius, Darius 13
	Du Toit, Tjaart T 12	Welgemoed, Jared D 13
5	N-KZN-NN	A 2:30.99
	Fraser, Cameron 13	Wood, Richard J 13
	Venter, Ferdo 13	Peters, JJ 12

#56 Women 15&U 200 Meter Medley Relay

RECORD: 2:16.93@ 2007 North West

H Jv Rensburg, K Verweerd, A de Beer, I Wildeman

Team	Relay	Finals Time
1	NCASA-GW	A 2:20.08
	Pretorius, Anneke 14	Klinck, Melene 14
	Du Toit, Maresa 15	Coetzee, Sasha 14
2	NWS-NW	A 2:24.43
	Rothman, Carien 15	vd Merwe, Karli 14
	Swanepoel,	Mathews, Lana 14
3	N-KZN-NN	A 2:25.22
	Nel, Amone 15	Robberts, Michelle 15
	Vorster, Michelle 15	Fraser, Amy 14
4	NFS-NF	A 2:27.22
	Lourens, Annerie 15	Snyman, Marelize 15
	Loubser, Cornell 15	Van Wyk, Donne 15
5	VTS-VT	A 2:37.68
	Vd Westhuizen, Lisa 15	Toye, Megan 14
	Compton, Marjeanne 13	Kotze, Thea-Marie 13

6	NFS-NF	B 2:38.16
	Blignaut, Janine 13	MC Beth, Chane 14
	Watt, Maretha 15	Lourens, Anneke 15

#57 Men 15&U 200 Meter Medley Relay

RECORD: 2:01.99@ 2008 Northern Cape

J MARITZ, J Bode, R Schanknecht, E Nel

Team	Relay	Finals Time
1	NWS-NW	A 2:02.43
	dos Santos, Sergio P 15	Bennett, Brandon A 15
	Anthas, Jannes J 15	Silent, Josh R 15
2	NFS-NF	A 2:09.71
	Ramsay, Ty 14	Erasmus, Johan J 14
	Kroukamp, Tian W 14	Oelofse, Stephan C 14
3	NCASA-GW	A 2:14.16
	Wessels, Gert I 14	Tolmay, Keagan 13
	Nel, Andre 14	Topkin, Darian 15
4	VTS-VT	A 2:16.81
	Kotze, Stean J 15	Pienaar, Jacques 14
	Welgemoed, Jared D 13	Duminy, Francois R 15
5	N-KZN-NN	A 2:18.73
	Kock, Wiehann 15	Marx, JP 14
	Schuler, Tiaan 14	Van Der Hoogen, JJ 14

#58 Women 200 Meter Medley Relay

RECORD: 2:12.98@ 2002 Northern Freestate

E Peters, B McCutcheon, Y Spamer, K Gouws

Team	Relay	Finals Time
1	NWS-NW	A 2:18.87
	Jv Rensburg, Hilet 17	Lee, Caitlyn Y 16
	Odendaal, Dalena M 16	Grobler, Alida A 18
2	NFS-NF	A 2:19.93
	Smart, Sally-Anne 16	Smart, Jansie 17
	Loubser, Cornell 15	Fraatz, Barbara 44
3	NCASA-GW	A 2:26.49
	Coetzee, Sasha 14	Bam, Sybil 14
	Menezes, Liza-Mari G 16	Du Toit, Maresa 15
4	VTS-VT	A 2:26.66
	Irwin, Lauren 18	Jacobs, Crystal 18
	Du Plessis, Marilie 16	Toye, Megan 14
5	N-KZN-NN	A 2:30.88
	McAlister, Jo-Anne 16	Visagie, Zondre 16
	Surmon, Carissa 17	Niemandt, Stephanie C
6	NFS-NF	B 2:35.95
	Botes, Sumandri 16	Snyman, Marelize 15
	Lourens, Annerie 15	Van Wyk, Donne 15

#59 Men 200 Meter Medley Relay

RECORD: 1:51.01@ 2006 Griqualand-West

W Scheepers, N Heyns, J Scheepers, J vd Merwe

Team	Relay	Finals Time
1	NCASA-GW	A 1:57.29
	Coetzee, Wayne 17	Bode, Jaco R 17
	Scheepers, Willie J 22	Schanknecht, Rory J 17
2	NFS-NF	A 1:59.66
	Barnard, Jason D 16	Burger, Braam A 17
	Janse van Rensburg,	Kleyhans, Danton 17
3	NWS-NW	A 2:01.77
	Mathews, Henry H 16	Silent, Elwyn S 20
	Kriel, De Jongh 17	Brand, Bertus J 16

4 + 1 Provinces Inter Provincial Gala - 30/01/10**Results****#59 Men 200 Meter Medley Relay**

4	N-KZN-NN	A	2:03.99
	Von Wielligh, Reino J 16	Jones, St John M 17	
	Surmon, Juan 20	Van Wyk, Jacques 17	
5	VTS-VT	A	2:13.27
	Van Rooyen, Marco 17	Du Plessis, Gerrit C 43	
	Janssen, Benny 36	Braun, Peter E 17	

#60 Girls 11&U 400 Meter Free

Name	Age	Team	Finals Time
1 Nkosi, Mini N	10	N-KZN-N	5:33.27
2 Carney, Melissa	10	NCASA-G	5:56.30
3 Steenkamp, Suezette	11	NCASA-G	6:01.55
4 Schaap, Jessica C	10	NWS-NW	6:36.79

#60 Girls 12-13 400 Meter Free

Name	Age	Team	Finals Time
1 Muller, Cassidy C	12	N-KZN-N	5:26.37
2 Henning, Danielle E	13	NWS-NW	5:36.63
3 Bennett, Danielle	12	NWS-NW	5:39.40
4 Human, Leatitia	12	NCASA-G	5:49.16
5 Msomi, Nothando S	13	N-KZN-N	6:03.27
--- Cloete, Jodene	13	NCASA-G	SCR

#60 Girls 14-15 400 Meter Free

Name	Age	Team	Finals Time
1 Lourens, Annerie	15	NFS-NF	5:25.98
2 Rothman, Carien	15	NWS-NW	5:27.97
3 Lourens, Anneke	15	NFS-NF	5:30.70
4 Payne, Phia-Marie T	14	NCASA-G	5:33.27
5 Van Zuydam,	14	N-KZN-N	5:47.07
6 Fraser, Amy	14	N-KZN-N	5:53.66
--- Horwood, Carma	15	NWS-NW	SCR

#60 Girls 16&O 400 Meter Free

Name	Age	Team	Finals Time
1 Du Plessis, Marilie	16	VTS-VT	4:52.72
2 Lee, Caitlyn Y	16	NWS-NW	5:05.87
3 Grobler, Alida A	18	NWS-NW	5:07.69
4 Niemandt, Stephanie C	16	N-KZN-N	5:35.09
5 Botes, Sumandri	16	NFS-NF	5:47.37

#61 Boys 11&U 400 Meter Free

Name	Age	Team	Finals Time
1 Steyn, Devon	11	NCASA-G	5:41.83
2 Claassen, Reinhardt D	11	NWS-NW	5:53.57
3 Nel, Liardus	11	N-KZN-N	5:54.70
4 Lahoud, Matthew F	11	NCASA-G	6:01.84

#61 Boys 12-13 400 Meter Free

Name	Age	Team	Finals Time
1 Gray, Bryan G	13	NWS-NW	4:49.68
2 dos Santos, Alexio P	13	NWS-NW	4:59.78
3 Welgemoed, Jared D	13	VTS-VT	5:17.17
4 McLaren, Trevor S	13	NFS-NF	5:31.64
5 Tolmay, Keagan	13	NCASA-G	5:39.65
6 Venter, Ferdo	13	N-KZN-N	6:05.70
7 Liebenberg, Wayne W	13	NCASA-G	6:17.42
8 Fraser, Cameron	13	N-KZN-N	6:46.63

#61 Boys 14-15 400 Meter Free

Name	Age	Team	Finals Time
1 Bennett, Brandon A	15	NWS-NW	4:39.84
2 dos Santos, Sergio P	15	NWS-NW	4:56.51
3 Van Der Hoogen, JJ	14	N-KZN-N	4:59.58
4 Kock, Wiehann	15	N-KZN-N	5:04.70
5 Bignaut, JC C	15	NCASA-G	5:27.73

#61 Boys 16&O 400 Meter Free

Name	Age	Team	Finals Time
1 Boonzaaier, Willie P	16	NCASA-G	4:39.93
2 Kriel, De Jongh	17	NWS-NW	4:40.23
3 Brand, Bertus J	16	NWS-NW	4:43.95
4 Jones, St John M	17	N-KZN-N	4:47.40
5 Fyver, Danei	17	NCASA-G	5:02.67
--- Von Wielligh, Reino J	16	N-KZN-N	NS

#62 Girls 12-13 800 Meter Free

Name	Age	Team	Finals Time
1 Muller, Cassidy C	12	N-KZN-N	11:21.41
2 Human, Leatitia	12	NCASA-G	11:51.40

#62 Girls 14-15 800 Meter Free

Name	Age	Team	Finals Time
1 Lourens, Anneke	15	NFS-NF	10:52.94
2 Lourens, Annerie	15	NFS-NF	10:54.65
3 Payne, Phia-Marie T	14	NCASA-G	11:23.01
4 DU Plooy, Cara	14	N-KZN-N	11:40.33
5 Fraser, Amy	14	N-KZN-N	12:04.19
--- Horwood, Carma	15	NWS-NW	SCR

#62 Girls 16&O 800 Meter Free

Name	Age	Team	Finals Time
--- Niemandt, Stephanie C	16	N-KZN-N	NS

#63 Boys 12-13 800 Meter Free

Name	Age	Team	Finals Time
1 McLaren, Trevor S	13	NFS-NF	11:17.82
2 Carbonell Taylor, Max	13	NWS-NW	15:03.98
--- Venter, Ferdo	13	N-KZN-N	NS

#63 Boys 14-15 800 Meter Free

Name	Age	Team	Finals Time
1 Van Der Hoogen, JJ	14	N-KZN-N	10:51.01
2 Duminy, Francois R	15	VTS-VT	11:00.87
3 vd Merwe, Jessie	14	NCASA-G	11:23.65
4 Wessels, Gert I	14	NCASA-G	11:49.31

#63 Boys 16&O 800 Meter Free

Name	Age	Team	Finals Time
1 Mathews, Henry H	16	NWS-NW	9:34.26
2 Von Wielligh, Reino J	16	N-KZN-N	9:48.81
3 Boonzaaier, Willie P	16	NCASA-G	10:15.87
4 Fyver, Danei	17	NCASA-G	10:21.66
--- Jones, St John M	17	N-KZN-N	NS

Combined Team Scores

 Combined Team Scores - Through Event 63

1. Northern Cape Aquatics	2053
2. North West Swimming	1967
3. Northern Free State Aquatics	1780
4. Northern Kwazulu Natal	1686
5. Vaal Triangle Swimming	1236

Scores - Women**Women - Team Rankings - Through Event 63**

1. Northern Cape Aquatics	956
2. North West Swimming	940
3. Northern Free State Aquatics	894
4. Northern Kwazulu Natal	862
5. Vaal Triangle Swimming	617

Scores - Men**Men - Team Rankings - Through Event 63**

1. Northern Cape Aquatics	1057
2. North West Swimming	997
3. Northern Free State Aquatics	852
4. Northern Kwazulu Natal	792
5. Vaal Triangle Swimming	591