



**SOUTH AFRICAN SYNCHRONISED SWIMMING AGE GROUPS**  
**DATES: 11- 14 December 2016**

**LOCATION: DURBAN, SOUTH AFRICA**  
**SANCTIONED BY: SWIMMING SOUTH AFRICA**  
**HOSTED BY: KZN AQUATICS**

## **SA NATIONAL AGE GROUPS SYNCHRONISED SWIMMING CHAMPIONSHIPS**

### **1. GENERAL EVENT INFORMATION**

1.1. The 2016 SSA National Age Group Synchronized Swimming Championships will be held in Durban from 11<sup>th</sup> December to 14<sup>th</sup> December 2016.

1.2. **LOC Contact details** are as follows:

1.2.1. Tournament Director: Kelly Sloley (0795218164, [kellysloley@gmail.com](mailto:kellysloley@gmail.com))

1.2.2. Competition Steward: Kelly Sloley

### **KZN Aquatics**

### **2. ENTRY PROCEDURES**

2.1. The competition is run according to FINA (refer FINA handbook) and SSA rules (refer SSA competition rules). Also refer below to item 4. Entry Criteria

2.2. All SA swimmers must be registered with SSA and registration numbers must be included on the entry form. International clubs must be from countries affiliated to FINA and have clearance to compete.

2.3. The closing date for entries and costs are:

<b>Dates</b>		<b>Fees</b>
1st Closing Date	15 November 2016	R380
Team & Free Routine Combination		R120
Novices		R140
2nd Closing Date	01 December 2016	R500
Team & Free Routine,		R200
All novices		R200

**NB: Where depositing cash please include a R50 cash deposit fee.**

2.4. Each club must submit entries to the tournament director per above and copy these to Daphne Bird of SSA ([daphne@ssa.co.za](mailto:daphne@ssa.co.za)).

Please deposit the entry fees into the following bank account:

**KZN Aquatics**

**Standard Bank (Westville)**

**Acc no: 053074564**

**Reference: NAG- Club Name**



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All proof of payment must be emailed to [kellysloley@gmail.com](mailto:kellysloley@gmail.com) and a copy must be emailed to [wslolley@penguinrandomhouse.co.za](mailto:wslolley@penguinrandomhouse.co.za) **Ref on deposit must be NAG & CLUB NAME**

## 2.5. Additional Costs

### 2.5.2. Awards Dinner.

This takes place at the Durban Country Club on the 14 December at 6.30pm

2.5.2.1. Cost: R220 per adult, R150 per child under 12. Theme is smart (no shorts or slops).

2.5.2.2. Final payment and numbers will be at the managers meeting (11<sup>th</sup> December) **NO LATE BOOKINGS WILL BE ENTERTAINED**

2.5.2.3 Please include bookings (with age and full name of all bookings) and dietary requirements on entry.

**2.5.4. Pool meals** for competitors: Makeurtan Drive alongside the pool has a number of restaurants, pubs, coffee shops and grocery stores (Checkers, Woolworths and banting deli) for teams and spectators.

## 3. TECHNICAL OFFICIALS

3.1 Teams are invited to submit technical officials to assist with the presentation of the championships. **Each club must provide at least 1 judge per session and 1 table assistant per day.**

3.2 Technical Officials must be correctly attired - White shirts and Navy Blue Trousers/shorts

3.3 Only technical officials registered with SSA, or with clearance from their home country federation will be eligible to officiate on the pool deck.

3.4 Level 1 Judges may officiate for Novice and 12&U events only, unless otherwise agreed by the TSSC and tournament referee.

## 4. ENTRY CRITERIA

Entry forms will be circulated separately.

**4.1. Trials.** NAG 2016 serves as trials for selection of the SA 2017 COMEN Cup team (aged 13-15). All athletes wishing to be considered for inclusion must compete in the figure competition in their 2017 age group as well as their 2016 age group.

**Each athlete (or athlete's legal guardian) must complete a form stating eligibility for team, and acknowledging financial responsibility prior to NAG.**

**4.2. Age Groups** The competition is run in different age groups. Age is determined as at the 31 December 2016 as follows:

4.2.1 12 & U born 2004 & younger

4.2.2 13 - 15 born 2001, 2002, 2003

4.2.3 Junior born 2001, 2000, 1999, 1998

4.2.4. Open aged 15 (2001) or older



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Note: Athletes born in 2001 may enter either 13-15 or Junior (15 to 18).

### **4.3. Events**

Male and female athletes may enter all events. (2016)

#### **Championship Events**

12 & under, 13 – 15, Junior: Figures, free solo and duet

Senior (15 and older): Figures, technical solo & duet, free solo & duet

12 & under, 13 - 18: Trio

12 & under, 13 and over: Free team, Free Combination team

15 & Over: Tech team

#### **Novice Events**

12 & under, 13 - 18: Figures, Trio, and Free team

**Note:** You may use a novice swimmer in championship trios, teams and combos. The trio will not be scored as a novice trio and they may not enter in both.

4.3.1. The 12&U team (4 to 8 swimmers) and 12&U combo (8 to 10 swimmers) comprise competitors from the 12&U age group

4.3.2. The Open free team (4 to 8 swimmers) comprises swimmers aged 13 and older. The Open free combination (8 to 10 swimmers) comprises swimmers aged 13 and older. (2016)

4.3.2.1. Smaller clubs may use 12&u swimmers in the Open combo event and team event, provided there are insufficient swimmers in the 12&u age group (less than 4 for team, less than 8 for combo) for the club to enter a 12&U team or combo.

4.3.3. The Open technical team (4 to 8 swimmers) comprises swimmers aged 15 and older

4.3.4. The trio event is in two age groups viz. 12&u and 13-18 years. Competitors may enter both duet & trio events, but must swim different routines to different music.

4.3.4.1. 12&U trios may only use 12&U competitors. 12&u competitors may swim in 13-18 trios, provided there are insufficient swimmers in the 12&u age group (less than 3) for the club to enter a 12&U trio.

4.3.5. No figure score will count in computing the result for any team, free combination or trio event

4.3.6. Duet partners may be from different age groups and different clubs. The younger partner must swim figures in own as well as partner's age group. She will only medal in her own age group

4.3.7. A swimmer may only enter in one routine per event. (I.e. may not swim 2 duets in different age groups). However swimmers aged 15 and older may enter the open **technical** events but swim a free event in own age group.

4.3.8. Clubs must enter the team event if they have 4 or more swimmers competing in the applicable age groups. Despite the FINA rule no penalty will apply for less than 8 swimmers.

4.3.9. Clubs may only enter a second combo or team if they have at least 8 swimmers in the initial entry. This is to prevent clubs abusing the double points allocated for combo and team events.

4.3.10. A club may only enter a maximum of 4 solo swimmers per age group. The solo swimmers can be finalised after the figure event.



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**Novice events**

4.3.11. Novices are swimmers in their first 2 years of competition who have not placed top 3 at any SSA synchronised swimming sanctioned event. SSA Level 1 medal winners are excluded from this. No medals are awarded for Novice events.

The purpose of the Novice section is to allow swimmers in their first 2 years of competition - particularly those training at schools - to enter another competition, and thereby encourage them to take their synchro to a new level. It means these competitors will have now 2 competitions in a season - SA Level 1 and NAG.

Novices compete for a separate club point's trophy.

**Figures**

4.3.12. Points and medals (championship events only) are allocated for figures in own age groups.

4.3.13. Figures are as per FINA age group figures for 12&u, 13-15, Junior and Senior. A draw will take place per the FINA rules

4.3.14. Novice figures are the 12&u compulsories and 12&u group 2 for both age groups.

**4.4. Sound Equipment, Music**

Sound equipment will be provided by the Organizing Committee. Teams must provide a flash drive with all the music in mp3 format at registration. No I-pods / tablets are accepted.

4.4.1. Music must be marked clearly with the age grp, event, competitor surname and name of club separated by #. (e.g:13to15#solo#brown#barracudas)

4.4.2. All music must have a three to five second lead at start.

4.4.3. A compulsory music practice session with sound equipment must be held prior to competition.

4.4.4. **Music Time Limits** (refer FINA rule 14) (10secs deck work +/- 15secs total)

<b>AGE GROUP</b>	<b>SOLO</b>	<b>DUET</b>	<b>*TRIOS</b>	<b>*TEAM</b>	<b>*FREE COMBO</b>
12&U	2:00	2:30	2:30	3:00	3.30
13, 14, 15	2:15	2:45	See juniors	See juniors	See juniors
Juniors (15-18) & Open	2:30	3:00	3:00 (13-18, no open)	3:30 to 4.00 (13 years plus)	4.00 to 4.30 (13 years plus)
Open tech (15+)	2:00	2:20		2:50	
Novice all ages	-	-	2:30 to 3:00	3:00 to 3:30	-

\* Refer NAG entry criteria.

4.4.5. Music time will be allocated once entries are final. Please note music time takes



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preference and tapping may not disrupt music practice.

## **5. OFFICIAL COMPETITION POOL**

Northwood School, 140 Adelaide Tambo Drive, Durban North

## **6. POINTS & AWARDS**

### **6.1 Points**

6.1.1. Points are allocated in accordance with SSA guidelines (14,11,9,7,6,5,4,3,2,1).

6.1.2. All competitors at SA Age Groups receive 1 point if they do not qualify for points on the above scale.

6.1.3. Double points are allocated for teams, and Free Routine Combination events.

6.1.4. Clubs may combine for duet, trio, team and FRC events but points will be split accordingly

6.1.5 Open competitors score club points

6.1.6 Novices compete for a separate Novice Points trophy and do not accrue points for the Championship Points trophy.

### **6.2 Awards**

6.2.1. Separate medals are awarded to international competitors

6.2.2. Trophies are awarded to SA entries only as follows:

6.2.2.1. NAG Points Trophy to winning club

6.2.2.2. Karen Schoombee Trophy for the top 10&u competing at NAG

6.2.2.3. Caroline Vorster Trophy for 11-12 solo Champion

6.2.2.4. Van Zyl family trophies for 13-15 and 15-18 Solo Champions.

6.2.2.5. Willie Vorster Trophy for solo with highest score overall (not Open swimmers)

6.2.2.6. Barbara Dowell Trophy for Free Combination Champion

6.2.2.7. Novice Points Trophy to winning novice club

## **7. SCHEDULE**

The final program will be circulated once entries are received to accommodate routine preliminaries and finals where numbers warrant this.

**11 December:** Accreditation & afternoon training (TBA)

1600 – 1730 Team Leaders Meeting (including start order draw)

1700 – 1900 Judges & technical officials meeting

**11 December:** Figures & routines (Tech team, all trios)

**12 December:** Routines

**13 December:** Routines

**14 December:** Routines

18.30 Awards Ceremony

**15 December:** Official Team Departure